

## ABSTRACT

A coating is provided for use in lubricating an electro-cautery probe of a cauterization device to resist sticking of tissue on the electro-cautery probe. The coating is also provided to lubricate other medical instruments as well as to facilitate  
5 sliding of one instrument against another. The coating includes an amphiphilic lipid. The coating also includes an amphiphilic phospholipid, a glycerol-based lipid, a glycerol-based phospholipid, and/or a lecithin.